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| **Personal Case Conceptualization for FAP Therapists**  **Name:**  **Date:** |
| **Relevant History:** |
| **Daily Life Problems:** |
| **Problematic Beliefs:** |
| **Variables Maintaining Problems:** |
| **Assets and Strengths:** |
| **CRB1s in class setting** (in-class problematic behaviors and thoughts): |
| **CRB2s** **in class setting** (in-class target behaviors and improvements): |
| **Daily Life Goals:** |
| **Class Goals:** |
| **T1s** (Therapist in-session problems)**:** |
| **T2s** (Therapist in-session target behaviors): |